

## **CONFIDENTAL**

We are living through difficult times. We all are suffering with problems from the current Covid-19 crisis. Stress and anxiety are affecting us all to one degree or another. Illness and the passing of loved ones, are seemingly affecting almost the entire population.

As dentists we are faced with new challenges whether caring for our patients remotely, being on the front line at UDC's or redeployment to the NHS in spheres other than dentistry. Business owners are juggling with figures, and battling with finance. Associates and employees are wondering when they will be paid.

Living in lockdown has led to boredom, repetition and being unable to see friends and family. Living in close proximity with others can create tensions in the household and for those unfortunately living on their own, loneliness can be an unforgiving torment.

IF YOU NEED HELP and want to speak to a fellow dentist anonymously and be assured of total confidentiality then call CONFIDENTAL....

We are there 24/7 365 days a year...

CALL **0333 987 5158**

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